

eliminating racism
empowering women

ywca

Mankato

WOMAN OF DISTINCTION 2019

Kate Cox

Kate Cox, Program Director of Project for Teens, moved to Mankato MN with her husband in 2003. Kate received her bachelors and master degree in Social Work from the University of Iowa. Kate practiced as a clinical social worker for Mayo and Mayo Clinic Health Systems for 17 years and has lead Project for Teens, a peer mentoring program for over 10 years. Under Kate's leadership, P4T has grown exponentially and become a recognized and celebrated program serving close to 4000 youth in our Greater Mankato Community. Kate has a passion to cultivate a community that supports and celebrates healthy development of our youth while creating teen leaders and mentors.

Kate's mission to be a positive influence in our community doesn't start and end with Project for Teens. Kate serves on the board of directors for the YMCA and Minnesota Children's Alliance. Kate's volunteer activities include: United Way Women of Heart Committee, YWCA Gears Program, YWCA Women's Leadership Conference Committee, LEEP, Grow Mankato, Camp Oz, Camp Sweet Life, Raw Fusion, and Dancing with the Mankato Stars. Kate has also been the recipient of the Karis Award of Excellence by Mayo Clinic, Outstanding Teens Program Award by Teenwise, Service Above Self Award by the Rotary Club, and the Spirit of Youth Award.

Kate has been married to her husband Chaun for 15 years and they have two boys Ethan (13) and Brodie (10).